



## Pregnancy Loss for Psychotherapists: Tools, Clinical Skills and Diagnostic Controversies

**Did you know?** 20– 25% of all pregnancies do not survive to a healthy live birth. Therefore, *most psychotherapists treating adults in their reproductive years* will encounter this tragic experience. The ideal course of treatment is for the client to remain with his or her trusted psychotherapist as long as the therapist has basic competency in care following pregnancy loss. The overall therapeutic goal is healthy integration of this traumatic experience.

This small group intensive workshop provides a foundation of essential medical knowledge to build specialty skills in clinical evaluation and intervention. This extremely sensitive material is presented in a safe and supportive environment which facilitates participant learning and self-awareness. Lecture and video will address these topics: best practice in the medical setting, medical terminology and procedures, patterns of perinatal grief, normal trajectory of grief, differential diagnosis including DSM 5 considerations and psychotherapeutic interventions.

### WORKSHOP SCHEDULE – 2019

**May 16-18; July 25-27; September 19-21; November or December TBD**

Thursday evening	6:30 pm – 8:30 pm
Friday	8:30 am – 4 pm
Saturday	8:30 am – 4 pm

**Attendance required at ALL sessions \* Certificate provided for 14 CEU's (LMFT approved)  
Space limited to maximum of 10 participants**

#### LOCATION

Vintage on Selby  
Selby conference room – main entrance  
1555 Selby Avenue, St. Paul, MN 55104

#### FEES

Early bird fee \$415  
Regular fee \$435  
Scholarship (2) \$315 interns/pre-licensed

**TO REGISTER: All workshops listed on Shoshana Center Facebook events page**

**QUESTIONS:** email: [deb@shoshanacenter.com](mailto:deb@shoshanacenter.com)

**About the Presenter: Deborah Rich, PhD, LP, CPLC** has over 30 years of specialty experience providing patient care professional training and program development. Deb founded the Shoshana Center for Reproductive Health Psychology in 1995, and launched MommaCare™ Training and Outreach Consultation in 2014. Deb was the Coordinator of Pregnancy Loss and Perinatal Mental Health at Fairview Health Services from 1999 – 2013 when the department was eliminated. She was a founding board member of the Pregnancy Loss and Infant Death Alliance in 2002 and continues as an active member of the education committee. Deb is a frequent lecturer at national workshops and was recently published in the Clinical OB/Gyn Journal.

